

Senedd Cymru  
Y Pwyllgor Plant, Pobl Ifanc ac Addysg

Welsh Parliament  
Children, Young People and Education Committee

Ymchwiliad i effaith argyfwng Covid-19  
ar blant a phobl ifanc yng Nghymru

Inquiry into the impact of the Covid-19 outbreak on  
children and young people in Wales

COV 34  
Ymateb gan: Unigolyn

COV 34  
Response from: Individual

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Hello! My name is XXXXXXXXXXXX and I am a part of the Student Parliament. I am a Year 10 student in XXXXXXXXXXXXXXXXXXXX, Merthyr Tydfil and I have a strong opinion on the COVID-19 situation as it has an impact on the world which affects so many children in a way some people do not understand! Some children could see school as what they refer to as their 'safe place'. What I mean by this is because of the disruption of this disease it is important that everyone still focuses on their wellbeing and the mental health of young children. Some children could be getting abused, limited food, no access to school work, no confidence and so their mental health is affected hugely by this!

We all need to make sure to consider this when a child is not doing work at home...so what can we do if we feel a child is not doing work for these types of reasons?

Offer them a person to speak to, to remind them they are not alone!

Remind them how they are no different to everyone else and we understand their situation!

This can massively change a person's confidence in the matter of seconds and put a smile on their face!

However, I am now going to talk about how the virus is affecting me and others in my household. There is a huge change to how we live in my home, me and my sister do not attend school and do online schooling, the same as most other children, but I have found that I am missing school very much. What I miss most is seeing my friends everyday, speaking to the teachers and completing the work in school! What I enjoy about being at home is that I can spend all day with my family as when I was in school, things like after school clubs, sports, homework etc would take up a lot of time. Although I take my hour of exercise daily and do school work, I still get

much more time to spend with family! As sport is a huge part of me, I do feel less active as an hour a day of exercise is not what I am used to so that is one thing I personally hate in lockdown! Therefore, I enjoy being independent and so I like it when I complete my work so I can move onto the next task.

I love being in my home as I know that whenever I need someone I always have someone to speak to. I am very grateful for this as I know that some children do not have the privilege of it. I get all this information from what I see on the news and from my family also! I hope this has helped with your views on how it is affecting pupils at home, thank you!